

<u>General Education Courses:</u> ENGL 110C: English Composition I MATH 102M, 103M or 162M: Algebra or Precalculus BIOL 121N/122N: General Biology I Oral Communication Human Behavior	<u>VCCS Equivalencies:</u> ENG 111* MTH 158, 161 or 163 BIO 101* Transfer Equivalency Guide Transfer Equivalency Guide	<u>General Education Courses:</u> EXSC 225: Intro to Exercise Science BIOL 123N/124N: General Biology II Interpreting the Past Literature Information Literacy & Research	<u>VCCS Equivalencies:</u> HLT 206 BIO 102* Transfer Equivalency Guide Transfer Equivalency Guide Transfer Equivalency Guide
	BIOL 240 or 250: A&P I		BIOL 141*

<u>General Education Courses:</u> ENGL 211C or 231C: English Composition II CHEM 121N/122N: General Chemistry I Human Creativity Elective or Language & Culture (May be waived; see catalog for details)	<u>VCCS Equivalencies:</u> ENG 112, 115, 131, or 210* CHM 111* Transfer Equivalency Guide	<u>General Education Courses:</u> STAT 130M: Statistics CHEM 123N/124N: General Chemistry II Philosophy & Ethics Elective or Language & Culture (May be waived; see catalog for details)	<u>VCCS Equivalencies:</u> MTH 146, 155, 157, 240, 241, 242, 245, BUS 216, or 221* CHM 112* Transfer Equivalency Guide Transfer Equivalency Guide
	BIOL 241 or 251: A&P II		BIOL 142*

<u>Major Courses:</u> PHYS 111N: General Physics I	<u>VCCS Equivalencies:</u> ET 47.1 428.11 56.1 o1 56.1.2 417.07 545.04 24 reW* nBT/F1 6.9 Tf1 0 0 1 20.88 4195174.30 G(PHY)6(S)-6(1)(1)8(u)8(i)6(v)42C.ET 47.1 428.11 56.1 c	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>
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Minor or Upper Division General Education**

<u>Major Courses:</u> EXSC 428: Exercise Prescription for Chronic Disease EXSC 415: Exercise Testing for Normal and Special Populations EXSC 420: Research Methods in Exercise Science EXSC 408: Nutrition for Fitness and Sport	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u> EXSC 431W: Wellness Programming and Administration Minor or Upper Division General Education** Minor or Electives**	<u>VCCS Equivalencies:</u>
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GRADUATION REQUIREMENTS: Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a minimum of 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program for Old Dominion University, completion of ENGL 110C and ENGL 211C or 231C, and the writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.